Ingredients

Atlantic herring fillets (Clupea harengus) 96%, salt 4%.

Allergens

Contains: fish.

Nutritional information	Per 100 g
Energy	649 kJ / 156 kcal
Fat	9,9 g
of which saturates	2,3 g
Carbohydrate	0 g
of which sugars*	0 g
Protein	16,6 g
Salt	4 g

* Sugars shown as 0 g because the declared total carbohydrate is 0 g per 100 g.