Ingredients

WHEAT flour, dried seed mix (sunflower seeds, linseed, oat flakes, SESAME seeds), oil, EGGS, water, salt, baker's yeast.

Allergens

Contains: cereals containing gluten (wheat, oats), sesame, eggs.

Nutritional information	**Per 100 g**
Energy	1824,8 kJ / 434,8 kcal
Fat	24,7 g
of which saturates	2,4 g
Carbohydrate	40,4 g
of which sugars	2,3 g
Protein	10,6 g
Salt	2,033 g