Ingredients

Pearl groats 100%. Country of origin: Lithuania.

Allergens

Contains: cereals containing gluten (barley).

Nutritional information	Per 100 g
Energy	1425 kJ / 337 kcal
Fat	1,9 g
of which saturates	0,5 g
Carbohydrate	67 g
of which sugars	1,4 g
Fibre	8,7 g
Protein	8,7 g
Salt	0 g