Ingredients

Rye flour 67%, wheat flour 33%, water, rye malt, sugar, yeast, malt extract, salt, coriander seeds.

Allergens

Contains: cereals containing gluten (rye, wheat).

Nutritional information	Per 100 g
Energy	1376 kJ / 328 kcal
Fat	1,44 g
of which saturates	0,15 g
Carbohydrate	72,33 g
of which sugars	5,73 g
Fibre	7,01 g
Protein	8,36 g
Salt	0,61 g