Ingredients

Wheat flour, water, bread improvers (durum wheat semolina, wheat sourdough, wheat gluten, malted wheat flour, barley malt extract, antioxidant: ascorbic acid; enzymes, sourdough cultures), rye flour, salt, yeast.

Allergens

Contains: cereals containing gluten (wheat, barley, rye).
May contain: nuts, milk, eggs, soy, celery, lupin, mustard, sesame seeds.

Nutritional information	Per 100 g
Energy	1061 kJ / 250 kcal
Fat	0,9 g
of which saturates	0,2 g
Carbohydrate	49,7 g
of which sugars	2,8 g
Fibre	3,6 g
Protein	9,0 g
Salt	1,4 g