Ingredients

Atlantic mackerel (Scomber scombrus) 96.5%, salt 3.5%.

Allergens

Contains: fish.

Nutritional information	Per 100 g
Energy	858 kJ / 205 kcal
Fat	14 g
of which saturates	3,26 g
Carbohydrate	0 g
of which sugars	0 g
Protein	18,6 g
Salt	3,5 g