



Ingredients

Atlantic Mackerel (fish) cleaned, head on (Scomber scombrus), salt.

Allergens

Nutritional value (1 serving (56g))

| | |
|--------------------|-------------|
| Energy value | 110,00 Kcal |
| Fat | 8,00 g |
| Of which saturates | 2,00g |
| Carbohydrate | 0,00 g |
| Of which sugars | 0,00g |
| Fiber | 0,00 g |
| Protein | 10,00 g |
| Salt | 440,00 mg |