



Ingredients

100% Cracked wheat

Allergens

Wheat

Nutritional value (100 g/ml)

Energy value	1363 kJ / 323 Kcal
Fat	2.2 g
Of which saturates	0,2 g
Carbohydrate	58,7 g
Of which sugars	0,7 g
Protein	10,6 g
Salt	0,01 g