



Ingredients

Atlantic Mackerel (fish) head on (*Scomber scombrus*), salt.

Allergens

Nutritional value (1 serving (56g))

Energy value	110,00 Kcal
Fat	8,00 g
Of which saturates	2,00g
Carbohydrate	0,00 g
Of which sugars	0,00g
Fiber	0,00 g
Protein	10,00 g
Salt	440,00 mg