



Ingredients

Rye flour, wheat flour, water, sugar, rye malt, bakers yeast, malt extract, caraway seeds, salt.

Allergens

gluten

Nutritional value (100g)

Energy value	230,00 Kcal
Fat	0,90 g
Of which saturates	0,12 g
Carbohydrate	49,29 g
Of which sugars	2,18 g
Fiber	4,31 g
Protein	6,28 g
Salt	0,29 g